



BOLZANO
MONDSCH
PARKHOTEL



Piavestraße 15 Via Piave

• arise Body & Mind •

Our yoga studio offers daily classes from relaxing yin yoga and soundbaths to cocoa ceremonies and pilates. Arise and shine.

• Luna Bar •

Open daily from 7 am to midnight: à la carte breakfast, light bar food, cocktails and after-dinner drinks — indoors or in the hotel's spacious green park.

• Luna Restaurant •

Handmade pasta, fresh Adriatic fish, local meats and seasonal vegetables. Italian classics served from Monday to Saturday.

Lunch from 12 - 2 pm
Dinner from 6.30 - 9 pm

• Alto Pizza •

The classic pizzeria delights with honest ingredients and real taste. Served from Tuesday to Sunday, from 5.30 to 10.30 pm.

34 Sights

EAT & DRINK • SHOPPING
ART • EXPLORE & RELAX

Welcome to a vibrant town with inspiring surroundings. This is our selection of places to see and things to do, thoughtfully chosen to ensure that you will create memorable moments. Enjoy!

The Parkhotel Mondschein Team

Eat & Drink



Wirtshaus Vögele
Via Goethe 3
Goethestraße

Enjoy South Tyrolean favorites in a lively setting that feels like the locals' living room. Alongside traditional dishes, you might even join a spontaneous dance. This historic tavern is full of stories, with new ones written every day.



Bogen Bistro
Via Dr. Streiter 31
Dr.-Streiter-Gasse

The large window front offers a glimpse of the hustle and bustle of the city centre. Meanwhile, you can relax under the spectacular vaulted ceiling and enjoy a plentiful breakfast, a wholesome lunch or savoury appetisers.

3 

Mochi
Via Alto Adige 31 Südtiroler Straße

Mochi's story began in Vienna, where friends turned their love for Japanese cuisine into one of the city's top hotspots. In Bolzano, it blends Japanese flavors with European influences, served with sake, wine or cocktails on the rooftop terrace.



4 

aLMa9
Via del Macello 9A
Schlachthofstraße

An Israeli pastel palace just outside the city center, where the Middle East meets South Tyrol in a serene garden of olive trees. A peaceful retreat with international flair: Toto, we're not in Bolzano anymore.

Ice Cream Shops

For a taste of authentic Italian gelato, these hidden gems are our choice for a sweet escape.

5 **Gelateria Avalon**
Corso della Libertà 44
Freiheitsstraße

6 **Gelateria da Nicolas**
Piazza delle Erbe 7
Obstplatz

Shopping

7 

Monocle Kiosk
in the park of
Parkhotel Mondschein

Located in the hotel's green park, the Monocle Kiosk offers a curated selection of homeware, travel essentials and magazines – the perfect spot for a thoughtful gift or timeless, well-crafted items.

8 

TonHaus
Via della Roggia 28
Rauschertorgasse

True works of art crafted in clay: thrown, moulded, pinched and pressed. Here, one-of-a-kind treasures take on all colours, sizes and forms. Christine has curated a tasteful selection of handmade pieces.

9 

Dama Studio
Piazza del Grano 4
Kornplatz

The boutique offers a curated selection of clothing that blends contemporary style with timeless design. Focused on local production and responsibly sourced materials, each piece is crafted in Italy in limited quantities for exclusivity and detail.



10 

Victorienne
Piazza Erbe 48
Obstplatz

Paris in Bolzano: This small boutique, run by Charlotte, is a temple of style devoted to high-end fashion, tempting you with an exquisite selection of pieces.

12 

Oberrrauch Zitt
Via dei Portici 67
Laubengasse

This historic shop brings the charm of metropolitan boutiques to Bolzano's arcades, with friendly staff and a mix of traditional apparel and contemporary fashion.

Antique Shops

For those who love timeless treasures, these are our favorite spots to browse and shop for antiques.

14 **Antik & Art Savoi**
Via Dr. Streiter 10
Dr.-Streiter-Gasse

15 **Zanella**
Via dei Bottai 14
Bindergasse

Art

16 

Fondazione Antonio Dalle Nogare Stiftung
Via Rafenstein 19
Rafensteiner Weg

Set in the hillside, the striking architecture, reminiscent of a concrete bunker, opens its doors to the most disruptive expressions of contemporary art, from the permanent collection to temporary exhibitions and spectacular site-specific works by international artists.

17 

Foto Forum
Via Weggenstein 3
Weggensteinstraße

The first art gallery in Bolzano focusing exclusively on photography promotes visual culture far and wide, with carefully procured exhibitions and high-level happenings, ranging from site-specific local research to international and global impressions, as well as historically acclaimed artists.

18 **Museum Eccel Kreuzer**
Via Argentieri 10 Silbergasse

An extremely rich and exhaustive collection that includes comprehensive documentation of modern painting from the regions of Tyrol, South Tyrol and Trentino. It was first carefully collected by patrons Friedrich Eccel and his wife Hilde Eccel Tapfer and later by their son-in-law Josef Kreuzer.

11 

GIUS Miniglück
Piazza del Grano 4B
Kornplatz

A nice boutique offering products that let children be children. Here, you can find practical, comfortable, stylish and sustainable children's fashion.

13 

Sublime
Via della Roggia 15B
Rauschertorgasse

Take a look at this cult shop for hipster-cool essentials, from flannel shirts to heavy-duty jeans, with Karin and Lukas sharing their street-style know-how.

19 

Museion
Piazza Piero Siena 1
Piero-Siena-Platz

One of Bolzano's crown jewels inside and out: The renowned contemporary art museum sports an imposing architectural presence while hosting exhibitions that compete with the foremost institutions worldwide.



Galleries

True art lovers will find lots of inspiration while visiting Bolzano's many art galleries, which present high-end contemporary exhibitions.

20 **ar/ge kunst**
Via Museo 29
Museumstraße

21 **Alessandro Casciaro**
Via Capuccini 26A
Kapuzinergasse

22 **SKB Artes**
Via Weggenstein 12A
Weggensteinstraße

23 **Antonella Cattani**
Via Catinaccio 1A
Rosengartenstraße

Explore & Relax



24 

Bozner Lido | Lido di Bolzano
Viale Trieste 21
Triester Straße

Relax by the pool, surrounded by Ettore Sottsass Senior's 1920s architecture. Locals cool off, eat gelato, and dive into blue pools. You're in for a lot of fun!

25 

Montiggler See Lago di Monticolo

The famous twin lakes, known for their bright blue waters mirroring an even brighter sky, are worth discovering while enjoying a bike ride through the lush surrounding hills.

26 

Kalterer See Lago di Caldaro

Surrounded by vineyards and gentle hills, this lake offers a serene escape into the local winemaking tradition. Its mild climate is ideal for swimming, boating, and scenic walks.



Castles

Would you like to discover the unexpected splendour of the South Tyrolean middle ages? Visit the ancient castles, which are beautifully kept and filled with history and art, such as Maretsch/Mareccio, Runkelstein/Roncolo, Haselburg/Flavon and Sigmundskron/Firmiano.



Promenaden Passeggiate

Fancy a walk or city hike? Enjoy fresh air on the Oswald Promenade through the urban forest, or take in views surrounded by exotic plants on the Guntzschna Promenade.

27 **Passeggiata Oswald Promenade**

28 **Passeggiata Guntzschna Promenade**



Markets

The vibrant fruit market is a cultural crossroads with fresh seasonal produce, open Monday to Saturday. Bolzano's farmers' markets run on Tuesday at Mazzini Square and Saturday at Rathausplatz, offering fresh goods, homemade honey and jams.



29 **Obstmarkt Fruit Market**

30 **Bauernmarkt Farmer's Market**

31 

Salten | Salto

Discover the Salten near Jenesien, a high larch plateau with scenic trails, stunning views, and cosy alpine huts. Just 20 minutes by car from Bolzano, the Salten is famous for its meadows, grazing horses, and peaceful atmosphere, making it a perfect escape for nature lovers.

33 **Ritten | Renon**

Reachable via cableway (or e-bike), Renon is the perfect place to enjoy some winter sun or a summer retreat with a breath-taking view of the Dolomites.

32 

Kohlern | Colle

After a scenic cableway ride, explore Kohlern: Enjoy the view from the wooden tower (it's steep but worth it), savour Kaiserschmarrn at the local guesthouse, and admire the unique Villa Bittner, known to locals as The Witch's House.



34 

Talferwiesen Prati del Talvera

The place where locals sunbathe in spring and bake in summer, skateboarders practise kickflips, youngsters play football, and the wild green mountains whisk you away to an untouched world.